

**DDCA / JA TECHNICAL JUDGING
Rules Chart**

| T I M E - 3 pts | |
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| OSAA 2.4.3 | Dance Drill: Maximum of 6 minutes. Penalty for over time. - 3 pts Show: Maximum of 7 minutes. Penalty for over time. - 3 pts |
| DDCA | Category: 2-3 minutes. Penalty for over or under time. - 3 pts 1.5-2 minutes Kick Category. Penalty for over or under time. - 3 pts |
| G E N E R A L | |
| OSAA 1.3.1(1) | A costume may not be manipulated by the wearer or other participant with the intent to be a backdrop, set or floor. - 10 pts |
| OSAA 2.3 | Changing your routine, music, costume between rounds - 10 pts |
| DDCA | Number of Kicks below 50 - DQ |
| Q A - C H O R E O G R A P H Y - 1 pt | |
| Q1.1 | No drug or alcohol references through dance or prop - 1 pt |
| Q1.2 | No sexual references or motions being acted out through dance movement or prop - 1 pt |
| Q1.3 | No violent references or movement through dance or prop. - 1 pt |
| Q1.4 | Movement that depicts bodily harm/abuse is prohibited. - 1 pt |
| Q A - M U S I C - 1 pt | |
| Q2.1 | No drug or alcohol references through music - 1 pt |
| Q2.2 | No sexual references through music - 1 pt |
| Q2.3 | No violent references through music - 1 pt |
| Q2.4 | No swearing in music lyrics - 1 pt |
| Q2.5 | No inappropriate language or suggestive material bleeped but understood - 1 pt |
| Q A - C O S T U M E - 1 pt | |
| Q3.1 | No bare midriiffs, including nude leotard. If costume is two-piece (separate top & bottom) a leotard must be worn under costume. - 1 pt |
| Q3.2 | No exposed bare skin on front and side of dancer's torso from the crotch to the armpits. This includes sheer or flesh cutouts. - 1 pt |
| Q3.3 | Exposed skin or nude cutouts to middle of back are acceptable as long as done in good taste. Includes sheer or flesh cutouts. - 1 pt |
| Q3.4 | Nude colored costuming MUST be in good taste and age appropriate. - 1 pt |
| Q3.5 | Costumes must be modest. Give consideration to all body types with special attention paid to necklines and bottom lines. - 1 pt |
| Q3.6 | Low-cut tops, high-cut leotards, rear-end cheeks and cleavage are NOT acceptable. Infraction needed by 1/3 of team. - 1 pt |
| Q3.7 | All performers must wear effective support-undergarments. Costumes must allow for proper foundation garments. The costume must cover the support garments. Clear/nude bra straps showing are acceptable. - 1 pt |
| S A F E T Y - 1 pt | |
| R3/Sec1/Art2 R2/Sec2/Art1 | Hard Jewelry is "legal" if securely affixed to costume and will not interfere with the safe execution of a dance move or stunt. Team's school shall be responsible for the repair of a damaged floor. - 1 pt |
| R3/Sec1/Art5 | Costume Risks: Pant legs long enough to step on, Hairpieces that fall off, "Revealed" items become unattached, Body piercing, Safety pins outside of costume. - 1 pt |
| R3/Sec1/Art6 | Dance Shoes: Generally, any dancers who are performing "Cheerleading Style Lifts", stunts or tumbling must wear shoes that cover the toes and entire sole of the foot. - 1 pt |
| Ex A | Exception A: Dance division team members who are not performing "Cheerleading Style Lifts", stunts or tumbling must wear some type of dance shoe, but lyrical sandals/paws are acceptable. |
| Ex B | Exception B: Show division team members who are not performing "Cheerleading Style Lifts", stunts or tumbling may dance without shoes so long as a floor is being used AND any lifts are "Dance Style Lifts" not above prep level. |
| Ex C | Exception C: Show division team members do not need to wear shoes for Level One tumbling. |
| Tumbling Level 1 | Basic rolls, bridges, handstands, cartwheel, round-off handstand forward roll, back walkover, front walkover. Barefeet, 'paws', and jewels on hair or face allowed. |
| Tumbling Level 2 | Standing & round-off back handspring, standing back handspring series, aerial cartwheel. Full-soled shoes required, no jewels on face or hair allowed. |
| Tumbling Level 3 | Round-off back handspring series, standing back tuck, round-off back tuck, round-off back handspring back tuck, layouts from round-off back handspring, whip backs, half twists, full twists. Full-soled shoes required, no jewels on face or hair allowed. |
| R3/Sec1/Art8 R2/Sec2/Art4,5 | Tumbling in Costume of a full head or body costume, or is loose or flowing, is illegal. Apparel must be appropriate for activity. Forward roll or cartwheel allowed. - 1 pt |
| R3/Sec1/Art9 R2/Sec2/Art7 | Glitter: Loose glitter may be made legal through mixing it in gel or some sort of solution prior to application. For props "glitter paint" or laminated glitter must be used. - 1 pt |
| R3/Sec2/Art1 R2/Sec7/Art1 | Drops of knees, seat, thigh and splits from a jump, stand, or inverted position are illegal unless most of the weight is first borne on the hand(s) or foot/feet or is controlled to absorb impact. - 1 pt |
| R3/Sec5/Art6 | Head Backward out of alignment with torso is permitted provided the prop is 2 x 2 feet or dancer grasps part of the prop. - 1 pt |
| S T U N T S - 10 pts | |
| Tumbling & Stunts | Hazardous execution or improper number of participants required for stunt (as determined by NFHS rule book). - 10 pts |
| R2/Sec9/Art2 | Stunts: Backward suspended rolls are illegal, such as chorus line flips, - 10 pts |
| R2/Sec10/Art2 | Stunts: Basket Tosses done without proper mats are illegal. - 10 pts |
| R3/Sec4/Art2 R2/Sec4/Art3 | Spotters must be in proper location with correct body position. - 10 pts |
| | Exception: Spotters are not required for "Dance Style Lifts" UNLESS the lift is extended above prep level. |
| R3/Sec5/Art1 R2/Sec8/Art R2/Sec9/Art4 | Tumbling onto, over, under or through a prop, stunt or other performer; Moving under or over a partner stunt or pyramid is illegal. - 10 pts. Exception: Forward roll over prop. |
| R3/Sec5/Art4 | Stunting on Prop: Stunting on prop is illegal. - 10 pts Exceptions. Exception: "Dance Style Lifts" below prep level are permitted on a prop. |
| P R O P S - 10 pts | |
| OSAA 2.8.3 | Dancers may not perform on a prop or set higher than five feet tall (excluding the wheels, if any). - 10 pts |
| OSAA 2.8.5 | Props/Sets using special lighting or requiring electricity must be run by a power pack. No electrical provisions will be made by competition or facility personnel. - 10 pts |
| R2/Sec1/Art7 | Mini-tramps, springboards, etc are illegal during performances. - 10 pts |
| R3/Sec5/Art9 | Moving Prop with Dancer: Dancer may stand or dance on moving prop, but must hold onto a stable piece on that moving prop. - 10pts |
| R3/Sec6/Art1 R2/Sec6/Art1 | Dismounts from props higher than 3 feet must have assistance. - 10 pts |